

# Interpersonal communication for women scientists



## Description

This workshop for senior postdoctoral researchers and junior group leaders focuses on personal factors such as personality, self-awareness and self-confidence to help you become more comfortable in the way you communicate and interact. In addition, we will give an insight into the complexity of conflicts and how to manage them so as to reduce their negative impacts.

## Objectives

- Be more aware of who you are and what you want
- Understand how individual needs and personality shape interpersonal communication
- Master basic communication and conflict management skills
- Appreciate that good leadership starts within

## Approach

Interactive workshop, involving case studies, role-play and discussion groups.

## Trainers

Stéphanie Ruder Schoof, coach

Melissa Davies, coach and negotiation expert

Number of participants	16
Dates and location	5 <sup>th</sup> and 6 <sup>th</sup> July, EPFL
Registration opening	24 <sup>th</sup> May
Duration	2 consecutive days
Contact	bureau.egalite@epfl.ch