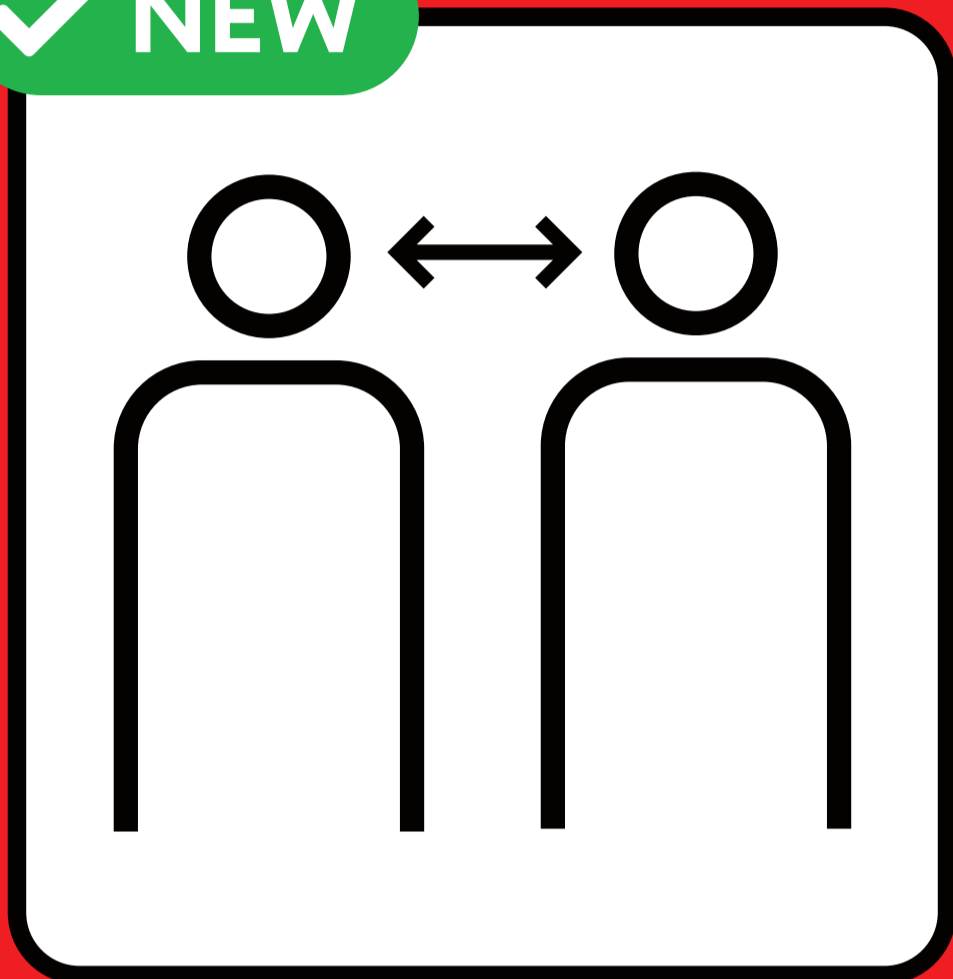


## PROTECT YOURSELF AND OTHERS



✓ NEW



### Keep your distance.

For example:

- Protect the elderly by keeping a safe distance.
- Keep your distance from others in a queue.
- Keep your distance at meetings.

### STILL IMPORTANT:



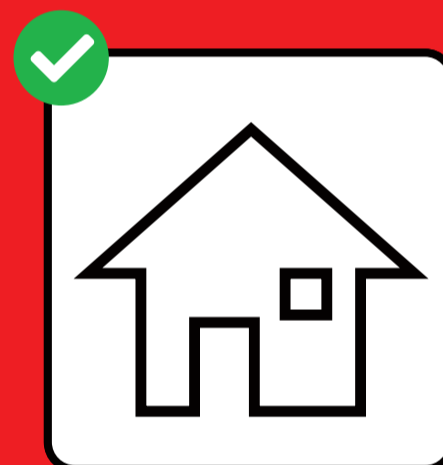
Wash your hands thoroughly.



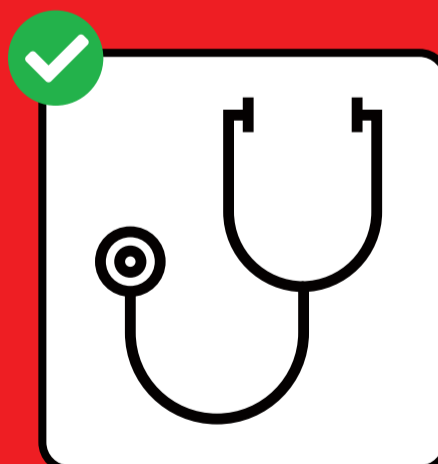
Avoid shaking hands.



Cough and sneeze into a tissue or the crook of your arm.



Stay at home if you have got a high temperature and a cough.



Always call ahead before going to the doctor's or the emergency department.

[www.foph-coronavirus.ch](http://www.foph-coronavirus.ch)



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

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Bundesamt für Gesundheit BAG  
Office fédéral de la santé publique OFSP  
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